



Myalgic Encephalomyelitis/Chronic Fatigue Syndrome



MAY 13, 2024

CDC's website is being modified to comply with President Trump's Executive Orders.

ME/CFS Resources for Medical Students

KEY POINTS

ME/CFS medical education varies by institution. CDC provides key ME/CFS resources for the next generation of healthcare professionals in training.



Overview

Most medical schools in the United States do not have ME/CFS as part of their physician training. So, CDC provides key ME/CFS resources for the next generation of healthcare professionals in training.

Learning about the ME/CFS case definition and symptoms helps healthcare professionals better diagnose and care for patients with ME/CFS. Viewing case studies and hearing directly from patients promotes compassionate care.

The illness is often misunderstood and might not be taken seriously by some healthcare providers. More education is urgently needed so healthcare providers are prepared to provide timely diagnosis and appropriate care for patients.

The resources below will help you learn about ME/CFS. You can bring these back to your schools and peers to share. They are a starting point to discuss the importance of all medical, nursing, and allied health students learning about ME/CFS.

Resources

COLLAPSE ALL —

Introducing ME/CFS to Medical Students: A Case Study Publication in MedEd Portal

[Assessment of ME/CFS \(Myalgic Encephalomyelitis/Chronic Fatigue Syndrome\): A Case Study for Health Care Providers](#)

Medscape Continuing Medical Education (CME) Courses with ME/CFS Medical Experts



Training: Medscape Continuing Medical Education (CME)

CDC has partnered with Medscape to offer five CME activities for healthcare providers.

JAN. 17, 2024

ME/CFS: Physician Assistant Strategies for Office Time Management



Two physician assistants (PAs) discuss the time management challenges associated with diagnosing and managing ME/CFS.

[ME/CFS: Physician Assistants Strategies for Office Time Management](#)

Using the 2015 IOM Diagnostic Criteria for ME/CFS



Two physicians talk about the challenges associated with diagnosing and managing ME/CFS. One of the physicians describes the 2015 Institute of Medicine Report on ME/CFS and how it helped him with symptom identification.

[ME/CFS: Physicians Discuss Using the 2015 IOM Diagnostic Criteria](#)

Hear from People with ME/CFS in Their Own Voices



[Living with ME/CFS](#)

Patients and their families need support as they come to understand how to live with ME/CFS.

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Infection-Associated Chronic Illness Flashcards



An Anki flashcard deck for medical students. [\[A\]](#)
<https://millionsmissing.meaction.net/teachME/> [\[external link\]](#)

SOURCES

CONTENT SOURCE:
[National Center for Emerging and Zoonotic Infectious Diseases \(NCEZID\)](#)

FOOTNOTES

- A. This webpage is maintained by MEAction. Linking to this webpage does not constitute a direct or indirect endorsement of the information published on the broader MEAction or AnkiHub websites.